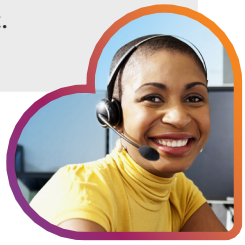
Reproductive health & family planning: How we help



At Health Advocate, we believe in ensuring our members have access to the care they need, including reproductive healthcare and family planning options.

We realize that healthcare is personal. We are committed to helping people make the best decisions for their health and working to navigate the changing healthcare environment.



Here is how we can help

- Listen to your concerns and provide confidential support
- Develop a plan to help you feel more balanced and in control
- Provide referrals to long-term help from a qualified mental health professional, if needed
- Locate the right support resources such as childcare
- Connect you to specialists for help with work/life balance, legal and financial issues

We're here to support you

Our services are completely confidential and available to you, your spouse, dependents, parents and parents-in-law at no cost.

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